



# NBGC FALL CO-REC FLAG FOOTBALL

2501 W Irving Park Road

[www.nbgc.org](http://www.nbgc.org)

(773)-463-4161

## REGISTRATION

**When:** Registration open through **September 1st**

**How:** Form must be dropped off or emailed.

**Who:** Boys & Girls in grades K-8

Visit: [nbgc.org/athletics](http://nbgc.org/athletics) to print form and drop at clubhouse.

**Cost: \$120 per participant** (includes uniform)  
(Financial assistance available upon request)

Email: to [athletics@nbgc.org](mailto:athletics@nbgc.org) AND [finance@nbgc.org](mailto:finance@nbgc.org)

## PRESEASON PRACTICES

K - 1st	2nd - 3rd	4th - 5th	6th - 8th
4:30PM - 5:30PM Thursday, September 9th	4:30PM - 5:30PM Thursday, September 9th	4:30PM - 5:30PM Tuesday, September 7th	4:30PM - 5:30PM Tuesday, September 7th
9AM - 10AM Saturday, September 11th	9AM - 10AM Saturday, September 11th	10AM - 11AM Saturday, September 11th	10AM - 11AM Saturday, September 11th

## POTENTIAL GAME SCHEDULE

K - 1st	2nd - 3rd	4th - 5th	6th - 8th
4:30PM - 5:30PM Tuesdays <b>or</b> Thursdays	4:30PM - 5:30PM Tuesdays <b>or</b> Thursdays	4:30PM - 5:30PM Tuesdays <b>or</b> Thursdays	4:30PM - 5:30PM Tuesdays <b>or</b> Thursdays
9AM - 12PM Saturdays	9AM - 12PM Saturdays	9AM - 12PM Saturdays	9AM - 12PM Saturdays

## SEASON INFORMATION

- Each team will play 1-2 games per week. 1 weekday game on Tuesday **or** Thursday, and 1 weekend game on Saturday.
- The game will be played in two halves.
- Each team will play 8 - 12 games.
- Makeup games will be scheduled as needed.
- Any changes due to weather will be communicated by NBGC athletic staff.
- If you are interested in being a volunteer coach, please indicate so on your registration form. Coaches will be asked to fill out a volunteer application and may be subject to a background check.

## COVID-19 PROCEDURES AND PRECAUTIONS

- Face coverings/masks should be worn on the sidelines of games/practices when social distancing cannot be maintained.
- Weekly wellness screener required.
- Only registered participants allowed on direct field space.
- Spectators must remain in the designated spectator area.
- All equipment, high touch surfaces, and facilities will be cleaned according to IDPH guidelines.
- Additional FAQs on 2nd page.

## **Frequently Asked Questions**

**What should my child bring to the practices and games?** Players should come with a labeled water bottle and cleats or gym shoes. Other gear such as gloves are optional. Players should have a mask and a backup mask.

**What can I expect from an NBGC practice or game?** The games and practices will last for up to 1 hour. Practices will begin with dynamic stretching followed by working on fundamental skills like catching, throwing, carrying, blocking, defense and basic game knowledge. Games will last for up to 1 hour.

**Can I stick around and watch my child?** NBGC's spectator policy will adhere to the IDPH sports guidelines. Spectators must remain in the designated spectator area.

**How do I register for a program?** Registration form and information flyer can be located on the NBGC website at [nbgc.org/athletic-programs](http://nbgc.org/athletic-programs). Forms should be completed in their entirety and emailed to [athletics@nbgc.org](mailto:athletics@nbgc.org) **AND** [finance@nbgc.org](mailto:finance@nbgc.org) or dropped off at the clubhouse. Once your child's spot in a league has been confirmed, payment can be submitted using the "Donate Now" button on the NBGC website. Financial assistance is available upon request, please contact [finance@nbgc.org](mailto:finance@nbgc.org).

**What happens if weather prevents a clinic from occurring?** Any changes due to serious weather concerns will be communicated by the NBGC staff in advance.

**How will program changes be communicated?** Program is subject to change due to COVID-19 Phase and Tier mitigations. Any changes in programming will be communicated to the email addresses listed on the registration form.

**What is the drop-off and pick-up process?** All participants should be accompanied by an adult at drop-off. Adult must remain with youth until wellness screening is complete. Wellness screening will consist of routine wellness questions available via a google form. Questions must be completed for each participant prior weekly participation. If a child exhibits a temperature at or above 100.4 degrees Fahrenheit, they will not be allowed to participate in programming for the day. Once wellness screening is complete only the registered participants will be allowed onto the field.

**What happens if I am late/early to drop-off/pick-up?** If you are running late to drop-off, we ask that you and your child remain at the check-in area until a staff member completes the wellness screening. If you need to pick-up your child early or late please inform staff by emailing [athletics@nbgc.org](mailto:athletics@nbgc.org).

**What governmental guidelines will NBGC be following?** The NBGC will be following guidelines and recommendations of the IDPH, Chicago Park District, CDC, City of Chicago, and State of Illinois Restore Plan. Our safety protocols will include wellness screenings, temperature checks, social distancing, and disinfecting of all equipment, high touch surfaces, and common areas.

**What is the procedure for reporting COVID-19 symptoms or exposure for a member of my household?** If within 14 days of participating, your child becomes ill with COVID-19 symptoms, has tested positive for COVID-19, or was exposed to a confirmed case of COVID-19, you must notify NBGC immediately by emailing [athletics@nbgc.org](mailto:athletics@nbgc.org).

**What is the procedure if a someone at the organization has COVID-19 symptoms or has been exposed?** If someone at the organization develops COVID-19 symptoms, they will be immediately isolated and sent home. Any individuals with close contact will be notified, isolated, and sent home. Depending on the circumstances, others may also be notified as a precaution. All notifications will respect the individual's privacy and maintain confidentiality. Individuals will have to present a negative test result upon return.

**What is the procedure if someone at the organization or member has tested positive for COVID-19?** If someone at the organization has tested positive for COVID-19, they will notify NBGC immediately and remain isolated at home for a minimum of 10 days after symptom onset. They can return after being feverless (without fever reducing medication) and symptomless for at least 72 hours OR has two negative tests in a row, with at least 24 hours apart.

**When will face masks be required?** Face masks should be worn on the sidelines when social distance is not maintained. Youth are encouraged to bring an extra mask should they need to change into a clean one.

**What is the cancellation policy?** If you wish to cancel your program registration less than 7 days before the start of the program, a 25% cancellation fee will be charged; if more than 7 days before the start date of the program, a full refund or program credit will be applied. No partial refunds will be paid if participants miss any practices. Due to the ongoing pandemic, NBGC reserves the right to modify or cancel programs at any time for purposes of public safety or compliance. Should this occur we will notify all participants and work with you on next steps, including any applicable refunds.