



# SPRING BASEBALL & 11" SOFTBALL CLINICS

2501 W Irving Park Road

[www.nbgc.org](http://www.nbgc.org)

(773)-463-4161

## REGISTRATION

**When:** Registration open through **May 5th**

**How:** Online registration available at [www.nbgc.org](http://www.nbgc.org)

**Who:** Boys & Girls in grades K-8

**Cost:** \$60 per participant (includes shirt)

## BOYS & GIRLS BASEBALL CLINICS

*(45-60 minute session within specified time frame)*

K - 3rd

4th - 8th

### WEDNESDAYS

May 11th

May 18th

May 25th

June 2nd

June 9th

June 15th

4:15 PM - 7:15 PM

## GIRLS SOFTBALL CLINICS

*(45-60 minute session within specified time frame)*

K - 3rd

4th - 8th

### WEDNESDAYS

May 11th

May 18th

May 25th

June 2nd

June 9th

June 15th

4:15 PM - 7:15 PM

## CLINIC INFORMATION

- Each group will have 1 clinic per week
- Indoor hitting clinics and outdoor infield/outfield clinics will alternate.
- Makeup or additional clinics will be scheduled on Fridays or Saturdays as necessary
- Hitting clinics will be held in the NBGC Clubhouse gym.
- Infield/Outfield clinics will be held at Revere Park if weather permits and will be moved to indoor hitting clinics in the event of inclement weather.

## **Frequently Asked Questions**

**What should my child bring to clinics?** Players should come with a labeled water bottle, glove, bat, cleats, and gym shoes. Other gear such as a mouthguard or facemask is optional. For outdoor clinics, players should bring a long-sleeved shirt and a light jacket.

**What can I expect from an NBGC clinic?** The clinics will last for 45 minutes to 1 hour. Clinics will begin with dynamic stretching followed by working on fundamental skills like form, fielding, throwing, pitching, and hitting.

**Where will clinics take place?** The clinics will take place in the NBGC Clubhouse and on the Revere Park field.

**Can I stick around and watch my child?** Families can wait in the NBGC game room during indoor clinics. Families can watch outdoor clinics from the parking lot or the edge of the field.

**How do I register for a program?** Registration forms can be accessed online at [www.nbgc.org/athletic-programs](http://www.nbgc.org/athletic-programs). Financial assistance is available upon request, please contact [finance@nbgc.org](mailto:finance@nbgc.org).

**What happens if weather prevents a clinic from occurring?** Any changes due to serious weather concerns will be communicated by the NBGC staff in advance.

**How will program changes be communicated?** Program is subject to change due to COVID-19 Phase and Tier mitigations. Any changes in programming will be communicated to the email addresses listed on the registration form.

**What is the drop-off and pick-up process?** Players can be dropped off and picked up at the field for outdoor clinics or in the clubhouse for indoor clinics.

**What governmental guidelines will NBGC be following?** The NBGC will be following guidelines and recommendations of the IDPH, Chicago Park District, CDC, City of Chicago, and State of Illinois Restore Plan. Our safety protocols include social distancing and disinfecting of all equipment, high touch surfaces, and common areas.

**What are your COVID-19 quarantine and isolation procedures?**

<b>CLOSE CONTACT</b>	
Vaccinated	Unvaccinated
May continue in programming as long as no COVID-19 symptoms appear.	Cannot participate in programming for 5 days and should be tested on day 6. Participants should watch for symptoms and wear a mask on days 6-10.

<b>POSITIVE TEST</b>	
Symptomatic	Asymptomatic
Day 0 is the first day of symptoms or a positive viral test. Participant can return to programming on day 6 if they are fever-free for 24 hours.	Day 0 is the day of the positive viral test. Participant can return to programming on day 6 if no symptoms emerge.

**On what day will there be no clinics?** There will be no clinics on May 19th or May 27th-30th

**When will face masks be required?** At the moment, facemasks are encouraged but optional.

**What is the cancellation policy?** If you wish to cancel your program registration less than 7 days before the start of the program, a 25% cancellation fee will be charged; if more than 7 days before the start date of the program, a full refund or program credit will be applied. No partial refunds will be paid if participants miss any practices. Due to the ongoing pandemic, NBGC reserves the right to modify or cancel programs at any time for purposes of public safety or compliance. Should this occur we will notify all participants and work with you on next steps, including any applicable refunds.